



Spring Term Menu 2019

	Week One	Week Two	Week Three
MONDAY	Sausage <i>OR</i> Veggie Sausage Chips Beans & Peas Crusty Bread ***** Fresh Fruit & Yoghurt	Chicken Bites <i>OR</i> Cheese Bites Chips Beans & Coleslaw Crusty Bread ***** Fruit Salad & Yoghurt	Cheese & Tomato Pizza Chips Veg Sticks & Salad ***** Fresh Fruit & Yoghurt
TUESDAY	Organic Meatballs in Tomato sauce <i>OR</i> Veg Pasta Bake Broccoli & Sweetcorn Pitta Bread ***** Banana Brownie Fresh Fruit & Yoghurt	Bacon Cheese Pasta Bake <i>OR</i> Macaroni Cheese Carrots & Broccoli Pitta Bread ***** Australian Crunch Fresh Fruit & Yoghurt	Chicken Korma <i>OR</i> Veggie Korma Green Beans & Sweetcorn Naan Bread ***** Iced Bun Fresh Fruit & Yoghurt
WEDNESDAY	Roast Chicken <i>OR</i> Potato & Leek Bake Stuffing & Roast Potatoes Mixed Vegetables Sliced Wholemeal Bread ***** Jam Roly-Poly & Custard Fresh Fruit & Yoghurt	Beef & Dumplings <i>OR</i> Veg & Dumplings Creamed Mash Potato Savoy Cabbage & Carrots Sliced Wholemeal Bread ***** Peach Crumble & Custard Fresh Fruit & Yoghurt	Gammon & Pineapple <i>OR</i> Cauliflower & Broccoli Cheese Bake Roast Potatoes, Cauliflower & Carrots Sliced Wholemeal Bread ***** Rice Pudding Fresh Fruit & Yoghurt
THURSDAY	Spaghetti Bolognese <i>OR</i> Veg Bolognese Coleslaw Salad Garlic Bread ***** Flapjack & Apricots Fresh Fruit & Yoghurt	Pasta Bolognese <i>OR</i> Veg Pasta Bake Grated Carrot Salad Garlic Bread ***** Lemon Cake Fresh Fruit & Yoghurt	Lasagne <i>OR</i> Veg Lasagne Carrots Sweetcorn Garlic Bread ***** Artichoke Roll Fresh Fruit & Yoghurt
FRIDAY	Fish Fingers <i>OR</i> Veg Parcels Chips Peas & Sweetcorn Crusty Bread ***** Fresh Fruit & Yoghurt	Fish <i>OR</i> Veg Burger in a bun, Chips Mixed Vegetables Tomato Sauce ***** Fresh Fruit & Yoghurt	Battered Fish <i>OR</i> Quiche Chips Peas & Beetroot Crusty Bread ***** Fresh Fruit & Yoghurt

Also served everyday:

Sandwiches and Jacket Potatoes with various fillings, salad and coleslaw.
 Fresh Fruit and Yoghurt.